

Evt No	Day	Age	Gender	Event	Type	Competing Athletes	
						Athlete	Result
4	FRI	U15	Boys	High Jump	Final	Jed Wilkinson	5th 1.64m
						Jamie Deane	8th 1.35m
5	FRI	U13	Girls	Javelin	Final	Sophie Williams	SILVER 36.57m
						Peytton Wentholt	BRONZE 32.46m
7	FRI	U14	Girls	Shot Put	Final	Gemma Vine	20th 6.88m
8	FRI	U14	Boys	Shot Put	Final	Brayden Phillips	4th 13.73m
9	FRI	U10	Girls	1100m Walk	Final	Savannah Holdsworth	DQ TR54.7.1
11	FRI	U16	Boys	Long Jump	Final	Jesse West	11th 5.16m
12	FRI	U17	Girls	Triple Jump	Final	Ada Meakins	DNS
13	FRI	U17	Boys	Triple Jump	Final	Declan Morrison	7th 12.08m
15	FRI	U11	Girls	1100m Walk	Final	Alisha Moore	SILVER 5:39.95
18	FRI	U12	Boys	1500m Walk	Final	Kennan Munro	GOLD 8:00.08
19	FRI	U15	Girls	Javelin	Final	Jasmin Goodridge	13th 22.32m
						Olivia Williams	SILVER 34.75m
20	FRI	U15	Boys	Discus	Final	Lennox Wentholt	6th 35.98m
23	FRI	U16	Girls	Shot Put	Final	Kiera West	14th 8.17m
24	FRI	U16	Boys	Shot Put	Final	Tyson Phillips	BRONZE 14.82m
						Jesse West	10th 10.36m
25	FRI	U14	Girls	Long Jump	Final	Alyssa Torrance	DNS
27	FRI	U11	Girls	Triple Jump	Final	Amberley Musson	DNS
28	FRI	U11	Boys	Triple Jump	Final	Witahana Pakau	BRONZE 9.43m
						AJ Steyn	13th 8.61m
						Jake Williamson	11th 8.62m
31	FRI	U13	Girls	1500m Walk	Final	Claudia Flamini	9th 10:49.98
						Isabelle Curtis	GOLD 7:26.02
32	FRI	U13	Boys	1500m Walk	Final	George Clune	8th 10:27.84
34	FRI	U17	Boys	Discus	Final	Jake Woodman	5th 34.52m
37	FRI	U14	Girls	1500m Walk	Final	Emily Hatchett	11th 9:55.14

## LA State Championships



Ridgewood LAC Medal Tally  
Day 1 - Friday 4th March