



Centre End of Season Awards

To be eligible for Ridgewood LAC end of season awards, athletes must have competed at more than 60% of meets in the current season, not including state events, and must have competed **once after the Christmas Break.**

Parents must also meet the minimum roster requirements as set out in the Roster Policy.

RLAC Committee will consider exemptions from the criteria for injuries, if supported by a medical certificate.

Please provide the Centre with any details of exemptions sought by **5pm on the Monday following Centre Championships Program 2.**

All Clubs have separate awards for their athletes and the above criteria will be used as a guideline for their criteria in determining eligibility.

The Executive Committee of both RLAC and the individual Clubs will use common sense and discretion in the recognition of athletes.