



2020-21 PROGRAMS

OPENING DAY PROGRAM: 17 OCTOBER 2020									
U6	U7	U8	U9	U10	U11	U12	U13	U14-15	U16-17
70m	70m	Shot Put	Long Jump	Shot Put	Long Jump	400m	400m	400m	400m
Discus	200m	200m	200m	200m	400m	Long Jump	Discus	Discus	Discus
100m	Discus	Turbo	Shot Put	Long Jump	Shot Put	Javelin	100m	100m	100m
	100m	100m	100m	100m	100m	100m	Javelin	Javelin	Javelin

PROGRAM 1: 24 OCTOBER, 7 NOVEMBER & 21 NOVEMBER 2020, 6 FEBRUARY & 6 MARCH 2021									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
					1500m	1500m	1500m	1500m	1500m
Vortex	Vortex	Long Jump	800m	800m	Triple Jump	Discus	Hurdles**	Hurdles**	Hurdles**
Discus	Discus	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Long Jump	Long Jump	Long Jump
100m	200m	Shot Put	Discus	Turbo	400m	Triple Jump	400m	400m	400m
	100m	200m	Long Jump	Discus	Javelin	400m	High Jump	High Jump	High Jump
		100m	200m	200m	100m	100m	Shot Put	Shot Put	Shot Put
			100m	100m	Shot Put	Javelin	100m	100m	100m

PROGRAM 2: 31 OCTOBER, 14 NOVEMBER & 5 DECEMBER 2020, 13 FEBRUARY & 13 MARCH 2021									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
			700m Walk	1100m Walk	1100m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk
300m	300m	500m	400m	400m	Discus	High Jump	Triple Jump	Triple Jump	Triple Jump
Long Jump	Long Jump	Discus	Shot Put	Scissors	800m	800m	800m	800m	800m
Shot Put	Shot Put	70m	Turbo	Shot Put	High Jump	Long Jump	Discus	Discus	Discus
70m	70m	Turbo	70m	Long Jump	200m	200m	200m H	200m/300m H	300m H
			Scissors	70m	Long Jump	Shot Put	Javelin	Javelin	Javelin
							200m	200m	200m

# TWILIGHT PROGRAM 1: FRIDAY 18 DECEMBER 2020									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
					1500m	1500m	1500m	1500m	1500m
Shot Put	Shot Put	Discus	Discus	Shot Put	Triple Jump	Javelin	Javelin	Discus	Discus
Long Jump	Long Jump	500m	400m	400m	Shot Put	High Jump	High Jump	Triple Jump	Triple Jump
100m	100m	70m	70m	70m	400m	400m	400m	400m	400m
							100m	100m	100m

TWILIGHT PROGRAM 2: FRIDAY 15 JANUARY 2021									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
					1500m	1500m	1500m	1500m	1500m
Vortex	Discus	Turbo	800m	800m	200m	200m	200m	200m	200m
70m	200m	200m	Shot Put	Discus	Discus	Shot Put	Discus	Javelin	Javelin
Mini Hurdles*	Mini Hurdles*	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**
			Long Jump	Scissors	Triple Jump	Triple Jump	Long Jump	High Jump	High Jump

TWILIGHT PROGRAM 3: FRIDAY 22 JANUARY 2021									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
			700m Walk	1100m Walk	1100m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk
Discus	Vortex	Discus	Discus	Turbo	400m	400m	400m	400m	400m
70m	70m	Long Jump	200m	200m	Javelin	Discus	Triple Jump	Long Jump	Long Jump
300m	300m	100m	Scissors	Long Jump	High Jump	Triple Jump	Shot Put	Shot Put	Shot Put
			100m	100m	100m	100m	200m H	200m/300m H	300m H

CENTRE MULTI CHAMPIONSHIPS: 20 FEBRUARY 2021									
U6	U7	U8	U9	U10	U11	U12	U13	U14-U15	U16-U17
100m	100m	100m	100m	100m	100m	100m	100m	100m	100m
Vortex	Long Jump	Turbo	Long Jump	Long Jump	Shot Put (G)	Shot Put (G)	Shot Put (G)	Shot Put (G)	Shot Put (G)
					Discus (B)	Discus (B)	Discus (B)	Discus (B)	Discus (B)
Long Jump	Vortex	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**	Hurdles**
300m	300m	Long Jump	Turbo	Turbo	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
		500m	800m	800m	800m	800m	800m	800m	800m

Last Meet Before Christmas - Twilight meet to include Christmas Festivities

* Non Standard Fun Event that will not count towards end of season point results.

** Distance competed per age group, refer to hurdles chart in the event specifications