



ATHLETICS WEST

**2022 WA COMBINED EVENT CHAMPIONSHIPS
22-23 JANUARY 2022, WA ATHLETICS STADIUM**

RULES & REGULATIONS

Last Updated 13 January 2022

The 2022 WA Combined Event Championships will be conducted according to the rules of Athletics West, Athletics Australia, Australian Masters Athletics and World Athletics.

World Athletics Rules: <https://www.worldathletics.org/about-iaaf/documents/book-of-rules>

Athletics West: <https://www.athleticswest.com.au/about/policies-reports/>

Australian Masters Athletics: <http://www.australianmastersathletics.org.au/about/event-technical-specifications/>

1. ELIBILITY AND ENTRIES

Entries will open on the 15 December 2021 and close at midnight on the 17 January 2022 and are subject to the following conditions:

- a) The 2022 WA State Combined Event Championships will feature both Little Athletics Championship events and senior athletics Championship events.
- b) To be eligible to compete at the 2022 WA State Combined Event Championships, athletes must be registered with an Athletics West affiliated Centre or Club by the advertised entry date and meet all requirements to compete as relevant to their selected event in either the Little Athletics competitions (as per **Rule CR1.1.** of the Athletics West Little Athletics Program Rules of Competition) or as a senior member holding membership with an Athletics West senior club or Independent membership.
- c) All athletes are deemed to be confirmed on receipt by Athletics West of event entries. Athletes and/or Team Managers are not required to check in or confirm entries.
- d) Entries are to be completed online at <https://www.athleticswest.com.au/events/124482/>
- e) As this is a Combined Events competition any athlete failing to attempt to start or make a trial in one of the events shall not be entitled to receive an individual medal and will be prohibited from competing and scoring points in subsequent events within the Combined Events competition.
- f) Confirmation of entries for each event is the responsibility of each athlete or their parent/guardian.
- g) As this is a Combined Events competition any athlete failing to attempt to start or make a trial in one of the events shall not be entitled to receive an individual medal and will be prohibited from competing and scoring points in subsequent events within the Combined Events competition

2. EVENTS OFFERED IN COMPETITION

The following events will be on offer for this Competition. Please note this document distinguishes the varying rules between Little Athletics and Senior Athletics events. Athletes should abide to the rules applicable to their chosen event.

Year of Birth	Little Athletics Events (Must be a registered Little Athletics member to compete)		Senior Athletics Events (Must be a registered Senior Athletics/Strive member to compete)	
	Girls	Boys	Women	Men
2011	U11 Pentathlon	U11 Pentathlon	N/A	N/A
2010	U12 Pentathlon	U12 Pentathlon	N/A	N/A
2009	U13 Pentathlon	U13 Pentathlon	N/A	N/A
2008	U14 Heptathlon	U14 Heptathlon	U15 Heptathlon	U15 Heptathlon
2007	U15 Heptathlon	U15 Heptathlon	U16 Heptathlon	U16 Heptathlon
2006	U16 Heptathlon	U16 Heptathlon	U17 Heptathlon	U17 Decathlon
2005	U17 Heptathlon	U17 Heptathlon	U18 Heptathlon	U18 Decathlon
2004 & 2003	N/A	N/A	U20 Heptathlon	U20 Decathlon
2002 & prior*	N/A	N/A	Open Heptathlon	Open Decathlon

*Masters WA Athletes will be accommodated where feasible upon request to compete in disciplines relevant to their Masters age category.

Little Athletics events - Girls

U11 Girls Pentathlon: 80mH (60cm), Shot Put (2kg), 200m, Long Jump, 800m

U12 Girls Pentathlon: 80mH (68cm), Shot Put (2kg), 200m, Long Jump, 800m

U13 Girls Pentathlon: 80mH (76.2cm), Shot Put (3kg), 200m, Long Jump, 800m

U14 Girls Heptathlon: 80mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (400g), 800m

U15 Girls Heptathlon: 90mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

U16 Girls Heptathlon: 90mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

U17 Girls Heptathlon: 100mH(76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

Little Athletics events - Boys

U11 Boys Pentathlon: 80mH (60cm), Discus (500g), 100m, Long Jump, 800m

U12 Boys Pentathlon: 80mH (68cm), Discus (750g), 100m, Long Jump, 800m

U13 Boys Pentathlon: 80mH (76.2cm), Discus (750g), 100m, Long Jump, 800m

U14 Boys Heptathlon: 90mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (600g), 800m

U15 Boys Heptathlon: 100mH (76.2cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (700g), 800m

U16 Boys Heptathlon: 100mH (76.2cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (700g), 1500m

U17 Boys Heptathlon: 110mH(76.2cm), High Jump, Shot Put (5kg), 200m, Long Jump, Javelin (700g), 1500m

Senior Athletics events - Women

U15 Women Heptathlon: 90mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

U16 Women Heptathlon: 90mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

U17 Women Heptathlon: 100mH(76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m

U18 Women Heptathlon: 100mH (76.2cm), High Jump, Shot Put (3kg), 200m, Long Jump, Javelin (500g), 800m
U20 Women Heptathlon: 100mH (84cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (600g), 800m
Open Women Heptathlon: 100mH (84cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (600g), 800m

Senior Athletics events - Men

U15 Men Heptathlon: 100mH (84cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (700g), 1500m
U16 Men Heptathlon: 100mH (84cm), High Jump, Shot Put (4kg), 200m, Long Jump, Javelin (700g), 1500m
U17 Men Decathlon: 100m, Long Jump, Shot Put (5kg), High Jump, 400m, 110mH (91.4cm), Discus (1.5kg), Pole Vault, Javelin (700g), 1500m
U18 Men Decathlon: 100m, Long Jump, Shot Put (5kg), High Jump, 400m, 110mH (91.4cm), Discus (1.5kg), Pole Vault, Javelin (700g), 1500m
U20 Men Decathlon: 100m, Long Jump, Shot Put (6kg), High Jump, 400m, 110mH (99.1cm), Discus (1.75kg), Pole Vault, Javelin (800g), 1500m
Open Men Decathlon: 100m, Long Jump, Shot Put (7.26kg), High Jump, 400m, 110mH (106.7cm), Discus (2kg), Pole Vault, Javelin (800g), 1500m

3. UNIFORMS

Little Athletics events: All athletes entered in the Championships must wear their approved Centre Uniform. No Club singlets will be allowed.

Senior Athletics events: All athletes entered in the competition must wear their approved Senior Club Uniform or Athletics West Independent Uniform.

4. COMPETITION BIBS

All athletes must wear their 2021/22 Season Membership numbers. Athletes competing in Little Athletics events, will have ONE (1) competition bib. Athletes competing in Senior Competition events will have TWO (2) competition bibs.

NOTE: If this event is a Senior Athletes first competition for the 2021/22 seasons, bibs will be available from the **Technical Information Centre (TIC)**.

Competition bibs must be affixed to the front of their uniform with no less than four pins or sewn to the shirt. The entire bib including sponsorship information must always be visible and no part of the bib shall be folded under the uniform.

Hip numbers will be provided at the marshalling point for all events 800m and above.

5. SCRATCHINGS

Once entries have closed and you are required to scratch from the event please follow the below process:

- a. Prior to the event: Contact heath@athleticswest.com.au or sienna@athleticswest.com.au
- b. Day of event: The Team Manager or athlete must notify the **Technical Information Centre (TIC) Manager** prior to the start time of the first event in your age group/gender.

6. WARM UP & TRAINING

Athletes may warm up on the main track until 15 minutes prior to the start time of the first track event, following that time athletes must warm up outside of the black barriers or behind the grandstand.

General warm up will not be permitted elsewhere in the arena, except for field events once the previous event has finished. At the conclusion of your event, all athletes **must** leave the main track immediately.

7. CALL ROOM PROCEDURES

There will be a call room in operation. This is located at the Southern End of the grandstand (Near the 100m start line) and will be split into two (2) areas, one for track and one for field.

All athletes are required to report into the Call Room prior to each event/discipline.

The Call Entry Times at the Call Room are (prior to scheduled event starting times):

- Track Events – 20 mins prior
- Field Events – 35 mins prior

This time allows for marshalling and movements to the competition site. The remainder of the time may be used to complete the warm-up at the competition site where the competition site is not in use (under the supervision of the officials).

ALL athletes must report to the call room on time with their 2021/2022 season competition bibs attached with no less than four (4) pins on the front (Little Athletics Athletes) OR front and back (Senior Competition athletes) of their competition uniform (except for jumping events where Senior competition athletes may choose to wear the bib on either the front or the back).

Where an athlete fails to report to the call room prior to the last athlete crossing the Call Room departure line, then the athlete shall not be permitted to join the event.

Except for the 1st event for each age group/gender, athletes will be told when to attend the Call Room via the announcer as only the 1st event for each age group/gender is listed on the timetable.

Athlete entry to the call room may not be before the scheduled time due to large number of event processing through.

The Call Room Referee shall apply their discretion when permitting the inclusion of late athletes to an event. In general, inclusion of late athletes will only be permitted in exceptional circumstances (such as a medical emergency – whereby a Medical Certificate by the approved appointed Medical Official is provided). Where this occurs the Call Room Referee shall complete and sign an 'Athlete Late Arrival Notice', citing the reasons for allowing the athlete to compete. The athlete, and the signed notice, are to be taken to the event site and handed to the site Chief Judge. The 'Athlete Late Arrival Notice' shall be submitted with the event results. In the Call Room athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the competition rules.

Spikes are not permitted to be on athletes' feet whilst in the call room unless they are suitably covered.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Official or Field Event Official. Athletes who proceed to the event not accompanied by an official may not be allowed to compete in the event.

The Call Room Judges shall permit athletes to take personal items to site – see point 8 for further clarification.

8. CALL ROOM TIMES FOR SUBSEQUENT EVENTS

Following the conclusion of each event, the Combined Events Referee and Competition Management will determine the start time and call room time of each subsequent event. Where possible there will be an interval of at least 30 minutes between the time one event ends and the next event beginning. This 30 minutes may include time in the Call Room.

9. PERSONAL ITEMS

The Call Room Judges shall permit athletes to take personal items to site including athlete bags, towels, clothing, shoes (not including shoes exceeding spike sizes for that event), water bottles, drinks, snacks and other items required for the conduct of the event (e.g. high jump athletes may take tape to mark their run up).

Where markers for run ups are supplied by the Organising Committee, personal markers shall not be used on site.

Items not permitted on site include mobile phones, music devices or other similar devices; these are to remain with parent/guardians or similar or in your bag and are not to be taken out during the competition.

10. ATHLETE RECOVERY ROOM

A recovery room will be made available to athletes in the Post Event Control Room located at the finish line end of the stadium. Athletes will have a space to store their bags and belongings. Fans and a fridge will be provided for athletes.

Athletes must scan in using the SafeWA App if they would like to use this room.

11. FALSE START RULES

Little Athletics events

This event will be conducted under Athletics West – Little Athletics Program Rule TR 16.13 (b) and (c)

TR16.13 (b) U11 - U13 age groups

A maximum of **TWO (2)** false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

TR 16.13 (c) U14 – U17 age groups

A maximum of **ONE** false start per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

Senior Athletics events

This event will be conducted under World Athletics Rule TR39.8.3

Any athlete responsible for a false start shall be warned; only one false start per race shall be allowed without the disqualification of the athletes responsible for the false start. Any athlete responsible for further false starts shall be disqualified.

Disqualification under the false start rules in one track event does not prohibit an athlete from continuing in the combined events competition.

12. FIELD EVENTS

In throwing events and the horizontal jumps, all athletes will have three (3) trials.

Site Officials will define the permitted 'area of competition' for athletes. Athletes shall not leave this area during competition without the permission of the Chief Judge.

On completion of each field event, results are to be immediately taken to the results room for verification.

13. FIELD EVENT COACHING

A marked coaching area will be allocated for each field site. Coaches may only directly coach athletes from within the defined area.

14. FIELD EVENT TIMING

The following time limits will apply to this event for both Little Athletics Championships and Senior Athlete Competition:

	High Jump	Pole Vault (Seniors)	Other Field Events
All rounds of competitions	60 seconds	60 seconds	60 seconds
When only 2 or 3 athletes left	1 min 30 seconds	2 minutes	60 seconds
When only 1 athlete left	2 minutes	3 minutes	N/A
Consecutive trials	2 minutes	3 minutes	2 minutes

15. HIGH JUMP STARTING HEIGHTS

The following starting heights will apply:

Little Athletics events – High Jump

Age Groups	Boys	Girls
Under 14	1.24m	1.19m
Under 15	1.30m	1.20m
Under 16	1.34m	1.29m
Under 17	1.39m	1.34m

Senior Athletes events – High Jump

Age Groups	Men	Women
Under 15	1.30m	1.20m
Under 16	1.34m	1.29m
Under 17	TBD by Combined Events Referee	1.34m
Under 18	TBD by Combined Events Referee	TBD by Combined Events Referee
Under 20	TBD by Combined Events Referee	TBD by Combined Events Referee
Open	TBD by Combined Events Referee	TBD by Combined Events Referee

16. HIGH JUMP PROGRESSIONS

In High Jump, each increase of the bar shall be uniformly raised by 3cm throughout the competition.

17. POLE VAULT

The starting height for the Pole Vault will be determined by the Combined Events Referee.

18. POLE VAULT PROGRESSIONS

In Pole Vault, each increase of the bar shall be uniformly raised by 10cm throughout the competition.

19. PRIVATE IMPLEMENTS

Private implements are only permitted for Senior Athletics events and are to be handed to the Technical Manager in the Tech Room no later than 1 hour before your event start time. The Technical Room is located underneath the grandstand at the 100m Start Line end.

20. STARTING BLOCKS

Only starting blocks provided by Athletics West are permitted to be used. Private blocks are not permitted.

Little Athletics events

Starting blocks may be used by athletes in the U11 and above age groups for all races up to and including 400 meters.

Senior Athletics events

Starting blocks must be used for all events up to and including 400 meters.

21. SPIKES

Number of Spikes: The number of spikes positioned in the shoe shall not exceed 11 spikes.

Dimension of Spikes: To maximise performance and prevent damage to the Mondo surface, athletes must not use sharp spikes. The only spikes permitted for use on the track are Christmas Tree and Pyramid Shape variety. The spike must be constructed that it will, at least for half of its length closest to the tip, fit through a square sided 4mm gauge.

For all training and competitions at WA Athletics Stadium spikes must conform to the below rules:

Events	Maximum	Type
Track events	7mm	pyramid / Christmas Tree
Pole Vault and Long Jump	9mm	pyramid / Christmas Tree
High Jump & Javelin	12mm for heel	pyramid / Christmas Tree



22. SCORING

The scores, according to the current World Athletics Combined Events Scoring Tables, shall be recorded separately for each event and as a cumulative total. The athletes shall be placed in order according to the total number of points obtained.

In the event of a tie for the final placing, no count back will be applied. Tied athletes will be given equal placing.

Masters athletes will be scored using the Masters Scoring system.

23. MEDAL PRESENTATIONS

After the final points score is listed for each age group/gender, medal presentations will be made as soon as possible after the event. Medallists will be called to the Medal Presentation by the announcer. Each athlete must wear their approved Centre (Little Athletics) or Club or Independent (Senior Athletics) uniform for the presentation ceremony.

Medals will be awarded to athletes that place first, second and third in the overall point score.

24. RESULTS / RECORDS

Individual State, Australian and World Records will be recognised where applicable. Records shall be maintained for the athlete overall individual point score, based on the World Athletics Scoring Tables. Inaugural records will apply for any competition with a new event composition.

25. PROTESTS & APPEALS

Protests must be made by the Athlete and/or representative in person and must be made to the Technical Information Centre (TIC) and must be accompanied by a deposit of a \$55 protest fee (\$50 plus \$5 GST). Exact Cash or Cheque ONLY.

There shall be a “Right of Appeal” to the Jury, which must be lodged within 15 minutes after the notification of the decision. The Appeal must be in writing and lodged with the TIC with an additional deposit of \$55 (\$50 plus \$5 GST) Exact Cash or Cheque ONLY.

The protest fee as set by Athletics West, will be refunded if the protest is upheld by either the Referee or the Jury of Appeal. If the protest is dismissed, the fee will not be refunded. If the protest is deemed frivolous by the Jury of Appeal, the deposit will not be refunded.

26. PROGRAM CHANGES

Any updates to the program will be posted on the Athletics West website at www.athleticswest.com.au

27. POSTPONEMENT OR CANCELLATION OF EVENTS OR COMPETITION

The Referees shall consult with the Athletics West Event Managers (Competition & Development Officer and Pathway Development Coordinator) as outlined in the Severe Weather Policy to agree and decide if the remainder of the program yet to be conducted shall be postponed, cancelled or relocated due to conditions impacting the safety of athletes and/or Officials at risk.

The Event Managers will decide whether events not conducted on the day shall be conducted at a future date, or cancelled for that year.

In the event of the program being abandoned for the day, all events completed, including track events where finalists have been selected, will stand.

If a field event, except High Jump, is not restarted, and all athletes have completed at least half the number of rounds allowed (i.e. 2 out of 4), then the Field Referee may deem the event to have been finished and final results will be determined based on performances on the completed rounds. In High Jump where there are four or less athletes remaining in the event when it is stopped, the event will be deemed to have been finished and results based on performances recorded after the last completed round.

In High Jump where the number of remaining athletes exceeds four and the event is restarted then only those athletes who have not been eliminated from further jumping will be eligible to continue in the event. The event restart will have the bar set one increment above the height set for the last

full round of jumps completed before the event was stopped. A full round is one which includes an athlete passing their turn by choice.

If a field event, except High Jump as determined above, is restarted, athletes are eligible to complete the event in accordance with the Athletics West State Championship rules.