

Burnett Encouragement award

The nominations for the Burnett Encouragement award is open to all age groups athletes at Ridgewood LAC that have competed for at least 75% of the summer season. Clubs can nominate one athlete per club boy or girl.

- * The athlete is not necessarily a champion
- * An athlete that is always trying their best to improve themselves.
- * An athlete that encourages and helps others
- * An athlete that has shown good sportsmanship.
- * An athlete that is polite and courteous.
- * An athlete that shows concern for others
- * An athlete that respects the officials and the rules.
- * An athlete that helps with younger athletes at club or Centre level.

When nominating an athlete, provide some examples on as many of the above points as possible. Athletes that do not meet all of these points can still be nominated. However, the athletes that cover more points will stand a better chance of a successful nomination.